



Thirteenth Fuse Physical Activity Group Workshop

Advancing active travel through collaboration

Special event held jointly with the <u>Transport and Health Science Group</u> as part of the 8th Journal of Transport and Health International Conference

Thursday 5 June 2025, 10:00 - 16.30 Teesside University, Darlington Campus

Post about the event using the hashtag #FusePAW

Sir Chris Whitty, the Chief Medical Officer for England, has said that the benefits of active travel "cannot be overstated" and that "people will live longer, happier lives if they can have active travel and we can make it attractive enough."

In this workshop we will explore how active travel can become the norm. Keynote speakers will set the scene for the day, including detailing how transport, public health and other colleagues can work together.

We hope that the discussions in this event will help identify key actions and nurture future collaborations between academics, practice and policy partners to address the prevailing and consistent issues that we face in enabling active travel. This event will bring together practitioners, policy-makers and researchers from various fields.

The event is being held in Darlington to align with the 200th anniversary of the first journey on the Stockton and Darlington Railway – for more details on the wider nine-month festival celebrations, please visit www.sdr200.co.uk

REGISTER NOW

Programme

| 09.30 - 10.00 | Registration and refreshments |
|---------------|---|
| 10.00 - 10.15 | Introduction and housekeeping Professor Peter Kelly CBE, OHID Regional Director and NHS Director of Public Health – North East & Yorkshire, Office for Health Improvement & Disparities, Department of Health and Social Care |
| 10.15 - 10.45 | Keynote speaker 1: "From commercial determinants to normativity: Looking back to move forward" Professor Adrian Davis, Edinburgh Napier University and Vice-Chair for Science, Transport and Health Science Group |
| 10.45 – 11.15 | Keynote speaker 2: "Bringing transport and public health communities together: challenges & opportunities" Professor Peter Jones OBE, University College London |
| 11.15 – 11.30 | Break |





| 11.30 – 12.30 | Presentations from Early Career Researchers and Policy Partners: |
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| | "Evaluating coastal rural communities' active and sustainable travel (COAST)" |
| | Dr. Christina Bosback, Post-Doctoral Research Associate, Durham University |
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| | "Experiences of a Public Health Professional being embedded into a regional transport policy |
| | team" |
| | <u>Luke Robertshaw</u> , Consultant in Public Health, Northumberland County Council |
| | "Reflecting on 15 years of working across transport and public health" |
| | Jonathan Kibble, Transport Planning & Strategy Manager, Stockton-on-Tees Borough Council |
| | Joha Charlett Ribbie, Hallsport Flamming & Strategy Wallager, Stockton on Tees Borough Council |
| 12.30 – 13.30 | Lunch |
| | Please note that lunch is not provided at this event; attendees are asked to bring food with them |
| | or use the nearby outlets. |
| | |
| 13:30 – 14:10 | Presentations from Early Career Researchers and Policy Partners (continued): |
| | "Low traffic neighbourhoods and public health" |
| | Dr. Paulo Anciaes, Principal Researcher in Transport and Health, University College London |
| | |
| | "Active travel social prescribing" |
| | Emma Allan, Active Travel Manager, Gateshead Council |
| 14.10 – 14.40 | Keynote 3: |
| 14.10 - 14.40 | "Unconscious bias and active travel" |
| | <u>Dr. Stephen Watkins,</u> Co-Chair of the Transport and Health Science Group and now retired |
| | Director of Public Health |
| | |
| 14:40 – 14:50 | Break and move to breakout session rooms |
| 14.50 – 16.20 | Facilitated breakout sessions |
| | |
| | 1. Active travel in schools, universities and workplaces |
| | Facilitated by: |
| | <u>Claire Tennyson</u>, Partnership Manager and Executive Director, Redcar & Eston School Sport Partnership Community Interest Company |
| | Mal Fitzgerald, Deputy Director: Student Wellbeing and Welfare, Teesside University |
| | <u></u> , |
| | 2. Moving in: Getting serious about collaboration through embedded posts in Transport |
| | Teams |
| | Facilitated by: |
| | Adrian Davis, Professor of Transport and Health, Edinburgh Napier University and Vice- Chair for Science at the Transport and Health Science Group |
| | Chair for Science at the Hansport and Health Science Group |
| | 3. Transport poverty |
| | Facilitated by: |
| | Anna Gale, Health Improvement Manager, Public Health Scotland |
| 16.20 – 16.30 | Concluding remarks and close |
| | Scott Lloyd, Advanced Public Health Practitioner and NIHR Doctoral Local Authority Fellow; and |
| | member of the Fuse Physical Activity Group and the Transport and Health Science Group |
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X (formerly Twitter): <u>@fuse_online</u>
 Bluesky: <u>@fuseonline.bsky.social</u>

• LinkedIn: Fuse – The Centre for Translational Research in Public Health

Find out more about the:

• Fuse Physical Activity Workshops and join Fuse here.

Transport and Health Science Group and join the Group here.

Keynote speakers:

Professor Peter Jones OBE, University College London

Peter is Professor of Transport and Sustainable Development at University College London. He advises regional, national and international Government on sustainable travel, including as a member of the Independent Transport Commission, the City of London Transport Strategy Board and the European Institute of Innovation and Technology Urban Mobility Academic Advisory Board.

He has a wide range of transport research and teaching interests, covering both analytical methods and policy. These include transport policy, traveller attitudes and behaviour, travel trends and the determinants of travel demand, traffic restraint studies, accessibility studies, policy option generation, major transport economic and social impact studies, public engagement, development of new survey and appraisal methods, and advances in urban street planning and design. Recent research has addressed issues around futures, the allocation of street-space, the value of public space and implications for scheme appraisal.

He was Scientific Co-ordinator for two EU funded three-year projects: the 'CREATE' project on changing trends in urban mobility and future city challenges, and 'MORE', on optimum design and operation of road-space on main urban roads.

Peter was awarded an OBE for services to national transport policy in January 2017.

Professor Adrian Davis, Edinburgh Napier University

Adrian is Professor of Transport and Health at Edinburgh Napier University and Vice-Chair for Science at the Transport and Health Science Group. He is a Fellow of the Faculty of Public Health through Distinction.

For over 30 years Adrian's work has focused on the health impacts of road transport, the understanding of the importance of health by transport planners, and the application of science in selecting which policies and practices most support health-enhancing travel behaviours. He authored the British Medical Association's first Transport Policy report in 1997 and has drafted evidence summaries and reports on active travel and mobility for international and many national bodies e.g. WHO, Public Health England, Dept. Transport, and Scottish Government. This has included research and reports on urban speed management. Recent work includes assessments of the impacts of 20mph speed limits.

Adrian has practitioner experience through working for 10 years part time with Bristol City Council's transport team where he designed and co-managed the implementation of the city-wide 20mph programme, designed an £11 million life-course behaviour change programme implemented between 2011-2016, and co-drafted their Safe Systems Road Safety Plan. Adrian was an Associate Editor of the Journal of Transport and Health (2013-2020). He was awarded an honorary Doctorate by UWE Bristol in 2015 in recognition of his 'multi-disciplinary approach and collaboration on transport and health'.





Dr Stephen Watkins, Transport and Health Science Group

Stephen, a public health doctor, rambler and railway enthusiast was a founding member of the Transport & Health Science Group (initially Study Group) in 1989 and now co-chairs it. He campaigns for a healthy transport system – walking, cycling and public transport (including the train/cycle combination), edited Health on the Move and then co-edited the much-expanded Health on the Move 2, and is co-editing the multivolume Health on the Move 3. He co-authored "Cars are the New Tobacco", and joined the Board of the award-winning Journal of Transport & Health. After 28 years as Director of Public Health for Stockport he retired in 2019 to focus on the Transport and Health Science Group, leading its registration as a charity and its expansion from a UK organisation to an international organisation. He is also a Vice-president of Doctors in UNITE (the Medical Practitioners' Union).